

Prepare well for the conversation with your doctor.



Medical complaints

Try to describe your medical complaints as clearly and completely as possible.

Medical history

Do the same medical complaints run in the family? If so, be sure to report this to your doctor.

Wishes

What are your wishes and expectations?

What documents do you need from the

doctor? Prescription(s), absence certificate ...

Is everything clear?

Do you understand all the information the doctor is giving you? Do not hesitate to ask additional questions.

Aftercare

What happens after the treatment? What is expected of you? Ask the doctor.

What to bring?

- **Medical documents:** GP referral letter, blood results, radiographs ...
- **Your identity card**
- **List of home medication:** see overleaf
- **Your questions:** see overleaf
- **Confidant** Need support? Feel free to bring a loved one to the consultation!

Questions about the cost of your treatment?



Please go to the **financial info point** (room to the left of the reception desk)

Opening hours: every weekday from 8:30 to 12:00 and from 13:00 to 16:00, without appointment

List of home medication

Date:



Medicine name - dose - form	Morning	Afternoon	Evening	Before going to sleep	Last intake	Comments (e.g. 1x a week, only when in pain ...)

- blood thinners
- sleeping pills
- pain medication
- inhalers
- cortisone
- eye drops
- medication patches
- hormonal preparations (e.g. contraceptive pill)
- ointments
- syringes
- food supplements, vitamins
- medicinal herbs
- homeopathy
- something against an upset stomach
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Your questions

Write down any questions you want to ask during the conversation with the doctor here. This way, you will be well prepared for your consultation!



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